

## **Sai Baba Nav(9) Guruwar Vrat**

Om Sai Ram !!!

### **Rules to be followed for Sai Baba Nav guruvar vrat:**

- 1.This vrat can be started from any Thursday with full devotion.
- 2.We can do pooja in the morning or in evening for 9 thursdays.
- 3.Any woman or man can do this pooja without any difference of caste and creed.
- 4.This vrat can be done by eating fruits,milk or sweets in the morning and eat meals in the evening or vice versa but it should not be done with empty stomach.
- 5.If we can't do this vrat for one thursday for any reason,we can continue from the next thursday.
- 6.Place one small stool or new cloth and apply turmeric powder and kumkum to it and then place sai baba's photo on it.Put chandan and kumkum to shri sai nath's photo.
- 7.Offer incense sticks and light 2 diyas in front of sai baba and offer flowers,akshitas and fruits/sweets as naivedyam.
- 8.Chant Ashtotram Namavali ([108 Names of Lord Sai Baba](#)) while putting flowers or flower petals on Lord Baba.
- 9.Tell Baba why you are doing this Vrat and ask him to fulfill your wish.
- 10.If possible, go to Shri Sai Baba's temple every Thursday or at least on 9th Thursday.
- 11.This is a very miraculous vrat.Shri sai nath will definitely fulfill our wishes if we do with full faith and patience.

### **Sai Vrat Story:**

Kokilaben and her husband Maheshbai used to live in a big city and they had lots of love for each other. But Maheshbai's nature was very annoying and he had no sense of talking. Neighbors were also very much frustrated by his kind of nature. Kokilaben had lots of faith in God and she was very religious. She was tolerating all her problems silently having lots of faith in God that God will make everything alright one day. But because of Maheshbai's nature, their business went down gradually and there was not enough income. He started staying at home all day his nature becoming worst.

It was an afternoon one old saint came to Kokilaben's door. There was enormous light on his face. And he asked for alms. Kokilaben gave him rice and dal and she folded her hands and did namaskar. Saint replied "**Keep Faith and Patience, you will soon come out of all the problems due to sai baba's kripa and you will be happy**". Kokilaben said, "There is no happiness in my life" and she told all her problems to the saint. Then, saint told about Sai nav guruvar vrat to kokilaben as follows.

The vrat can be done by eating fruits or by taking lunch or dinner. If possible go to Sai Temple or otherwise worship Sai Baba at home for 9 Thursdays, observe fast and donate food to the hungry people and distribute 5, 11 and 21 Sai Vrat Books according to your economic condition.

If you increase the importance of this Sai Vrat, Sai Baba will fulfill all your desires. But you must have deep faith in Sai Baba and have patience in your mind. If anybody does this Vrat and duly performs its concluding ceremony, Sai Baba fulfills his/her desires. Kokila did the Vrat for 9 Thursdays, distributed Sai Vrat books and fed the poor on 9th Thursday. Now all the quarrels in her home had disappeared. There was complete happiness as Maheshbhai's nature had changed. His business now came back on track. In a short period, their economic condition also improved and everything became fine. Both husband and wife started living their life happily. One day Kokila's brother-in-law and his wife came to their home from Surat. Casually talking they told Kokila that their children do not study well. They have failed in exams. Kokila told them about the importance of Sai Baba Vrat for 9 Thursdays and said that by worshipping by Sai Baba their children would be able to study well. But for that you must have deep faith in Sai Baba. Sai Baba helps everybody. She explained the procedure for the vrat which is as follows:- This vrat can be done by eating fruits or by taking lunch or dinner.

- If possible go to Sai Baba temple for all 9 Thursdays.
- Any woman, man or child can do this vrat. Worship of Sai Baba photograph must be done for 9 Thursdays.
- Offer flowers, light incense sticks and lamp, chant Arti and remember Sai Baba's name and distribute prasad.
- On 9th Thursday feed poor people.

- On 9th Thursday distribute Sai Baba Vrat Books among family members and friends. After few days Kokila received a letter from her brother-in-law's wife that her children do Sai Vrat and have started studying hard. She herself did Sai Baba Vrat and distributed the books in her husband's office. She added that due to Sai Baba Vrat her friend's daughter's marriage was fixed in a very nice family. Moreover her neighbour's ornament box was lost somewhere. As a result of Sai Baba Vrat someone came and returned the box after two months. In this way such miracles happened.